



Additional questions or concerns?

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or text/call Lissa @ 331-771-1451

*\*Must be done 1-2 hours after procedure. Repeat process 5 times within the next 24 hours \**

Wash & dry hands. Gently wipe brow 2x with provided wipes to remove lymph fluids.

NORMAL to DRY SKIN - Apply a thin layer of \*ointment for 7-10 days.

OILY SKIN - Do not apply any ointment of any kind.

*\*Please save remaining ointment for use during your touch-up post care.*

AVOID THE FOLLOWING ACTIVITIES FOR 7 – 10 DAYS

Sweating - Exercise - Hot Yoga - Sun - Tanning Beds

Spray Tan - Chlorine - Saltwater - Scratching - Picking

Do not shower for 24 hours. Avoid direct water on the brows for 2 weeks.

Sleep on your back & use a clean pillowcase.

## *What to expect as your eyebrows heal*

### **DAY 1- IMMEDIATELY FOLLOWING YOUR INITIAL PROCEDURE**

You may experience some redness, slight bleeding, a little bit of pain, & tenderness.

### **DAYS 2-5**

Your brows will begin to scab & will become itchy. DO NOT PICK OR SCRATCH!

### **DAYS 7-10**

Scabs will begin to flake & peel & patchiness may appear as the top layer of pigment starts to disappear. Again, DO NOT PICK OR SCRATCH.

Your brows will look much lighter than expected, but this will slowly correct itself as the skin heals. BE PATIENT!

### **DAYS 14-21**

You may now wet brows directly with water & continue your normal skincare & makeup routines.

Your brows may still look a bit light but will darken appropriately as they near the end of the healing process.

### **DAYS 30-40**

*Brows lighten 30% - 50% and shrink 10%*

Your brows are completely healed. Any patchiness will be corrected at your follow-up session.

### **6-8 WEEK FOLLOW-UP SESSION**

Correct &/or adjust as needed.

Follow-up immediate aftercare is the same as your initial procedure, however, the healing process will only last 5-7 days.

### **1 YEAR ANNUAL TOUCH UP SESSION**

Your brows will eventually fade; sometimes significantly. Dry & normal skin types will hold pigment longer than those with oily or combination skin.

*Should you experience symptoms other than what is listed above, please consult your doctor as soon as possible & inform BESPOKE PMU by LISSA.*